# FINDINGYOU



**#IAW Initiative** 



### THE NEED TO FIND OURSELVES

You can't go there!

What will people say?

Be a good girl!

This is not your strength as a Woman!

Settle down in time!

Women don't have a choice!

Behave like a girl!

Don't Do this!

That's not meant for girls!

Every
woman
needs a
companion!

You will
ultimately
have kids &
raise them as
your main
job!

Look
Beautiful!

Break free of fears, bust some myths, leave some shadows behind, kill pre-conceived notions & relieve yourself of burdening expectations

## DISCOVER, LEAD & LOVE YOURSELF!

Find Yourself!

Learn to accept & love yourself the way you are!

Break free from Fears!

Discover a more POWERFULYOU!

Hold the reins & get ready to LEAD!

**Share your Story!** 

Get ready to strike the balance!

Connect & Learn from other powerful women!

Learn to say NO!

Have fun! And be okay with it ©



# **WORKSHOP FLOW**

#	Timings	Session	Takeaways
1	8:45 – 9 AM	Registrations	
2	9 – 9:30 AM	Introductions & Context Setting	
3	9:30 – 11 AM	Discover Yourself Past.Present.Future. What defines you?	Digging deeper on the inside, what are the challenges we face, connecting with ourselves
4	11 – 11:30 AM	Networking & Tea Break	
5	11:30 AM – 1 PM	<b>Letting Go</b> Sharing your Story	Break free from fears, moving ahead, sharing your journey
6	1 – 2 PM	Networking & Lunch Break	
7	2 – 3:30 PM	Confront Yourself Who are you? What do you want to be? Fears	What ties us down? Why does it tie us down? Gear up to face challenges head on & succeed
8	3:30 – 4 PM	Networking & Tea Break	
9	4 – 5:30 PM	Power of 'W'	Get Ready to LEAD!
10	5:30 – 6 PM	Closing Ceremony	Action Planning, Start, Stop, Continue Certification, Take Aways

### **REGISTRATION DETAILS**

Write to <a href="mailto:seerat@blewminds.com">seerat@blewminds.com</a>

For Registrations

Inclusive & small Group for registrations to ensure that the group is able to maximize the opportunity to interact, learn, share & connect with each other.







THE IAMWOMAN INITIATIVE

**EXPERIMENT** 

TRAVEL

LEAD

**DISCOVER** 

**SELF LOVE FIRST** 

16TW

#womanleadership

#womanpower

**DISCOVER YOURSELF** 

WITH YOUR CHILDREN OR

ALONE WITH YOUR SELF

FOR CORPORATE LEADERS, ENTREPRENEURS, TRAVEL

**GEEKS** 

FOR ANY WOMAN